
ALZHEIMER'S TRAINING 2021

VOLUNTEER REQUIREMENTS

- We are required to receive 3 hours of annual education focused on Alzheimer's education
- This year we will be utilizing the free training from The Alzheimer's association for our requirements.
- This is easy to register for free training. The training will give clear objectives for each program. Each program will test your skill, and you will complete a survey at the end of each one.
- You will be able to print out a certificate of completion at the end of each program.

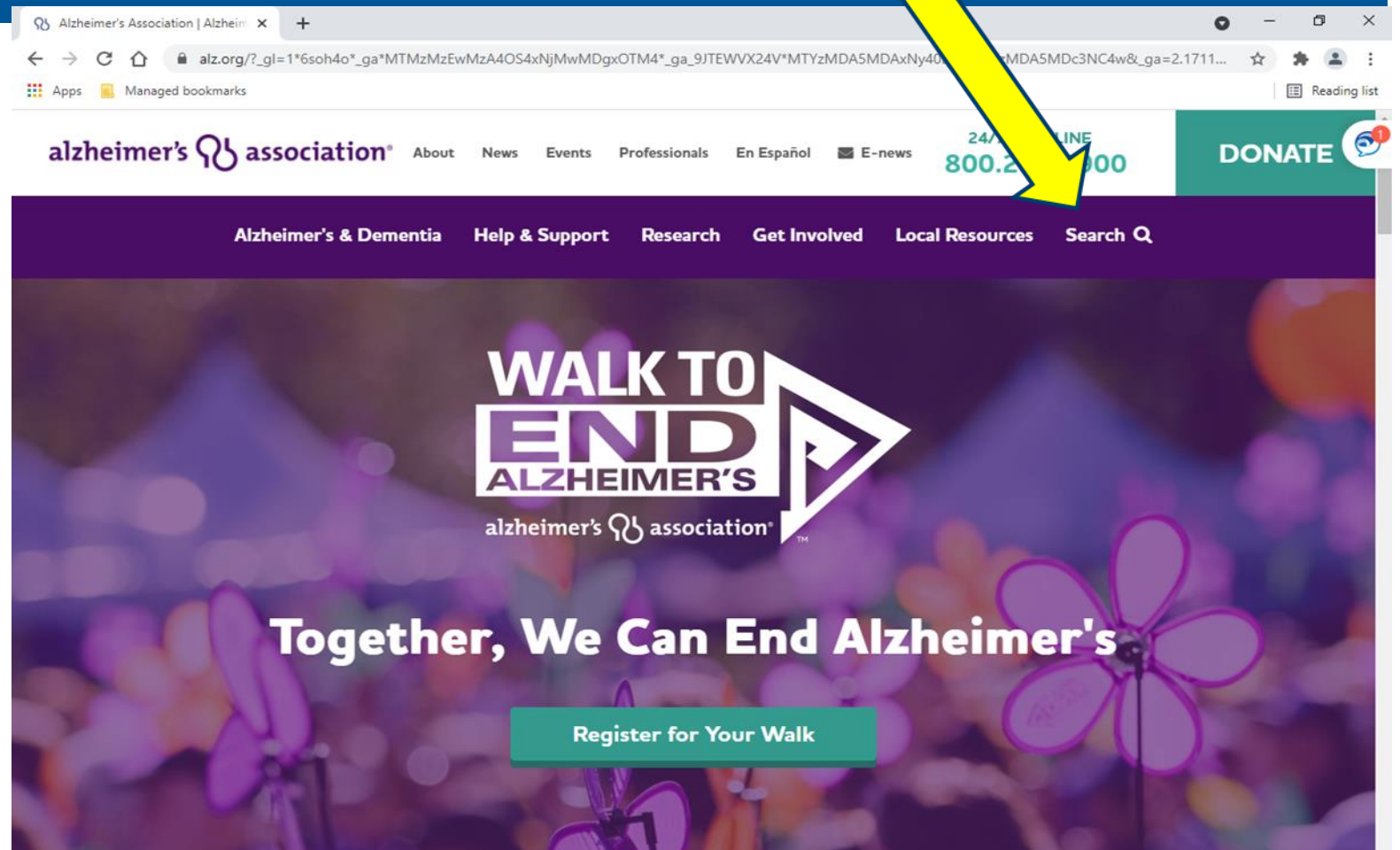


LEARNING FROM THE EXPERTS:

THE ALZHEIMER'S ASSOCIATION

SIGN UP FOR FREE EDUCATION

- Step 1: Go to <https://www.alz.org/>
- Go to Search and type in Education Center
- Picture to the right is what your screen should look like



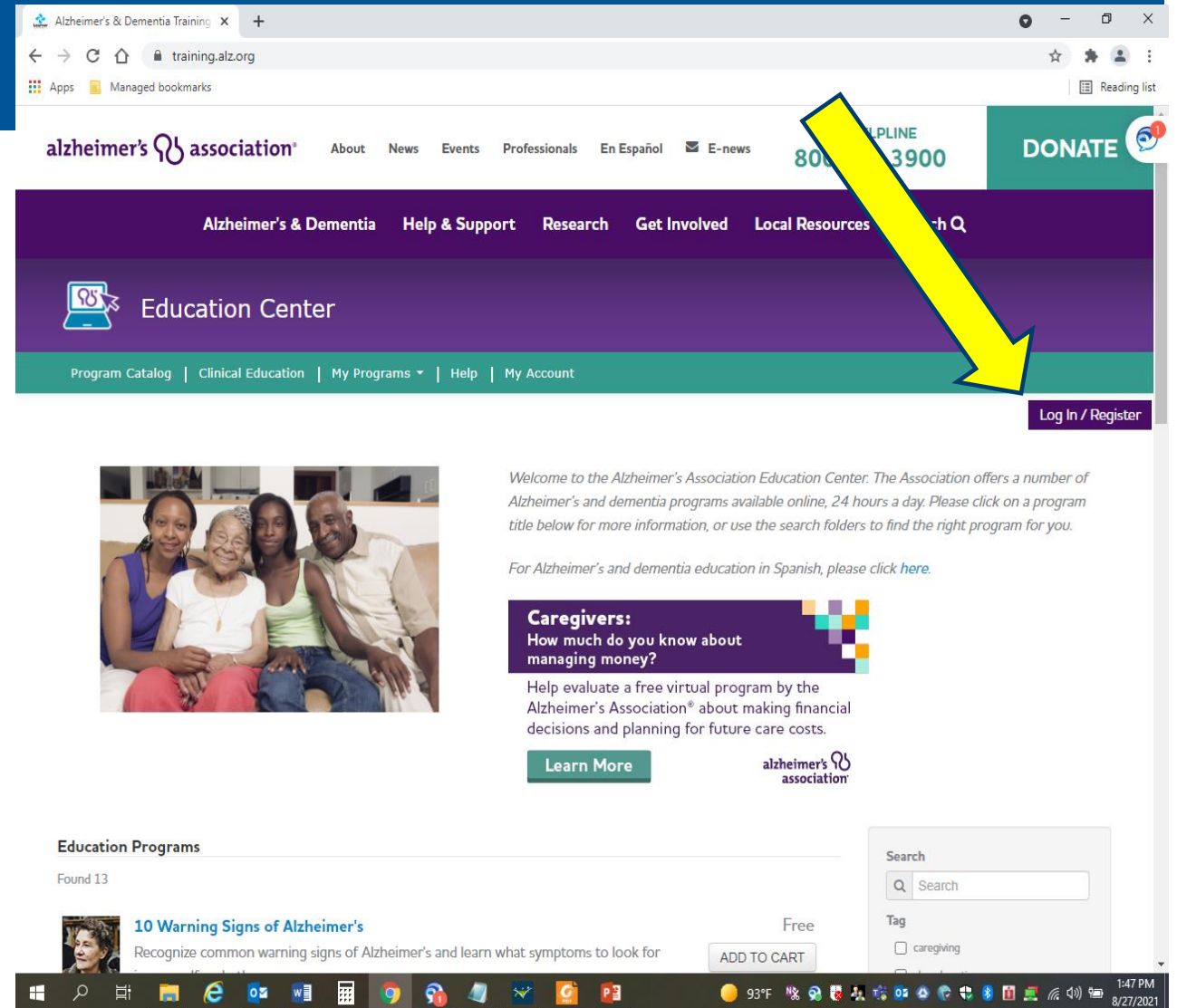
SIGN UP FOR FREE EDUCATION

- Click on Online Education Programs
- Picture to the right is what your screen should look like once at Online Education Programs

The screenshot shows the Alzheimer's Association Education Center website. The header includes the Alzheimer's Association logo, navigation links (About, News, Events, Professionals, En Español, E-news), a 24/7 Helpline number (800.272.3900), and a DONATE button. Below the header is a purple banner with the text "Education Center" and a laptop icon. Underneath the banner is a green bar with links: Program Catalog, Clinical Education, My Programs, Help, and My Account. A "Log In / Register" button is located on the right side of the green bar. The main content area features a photo of four people (three women and one man) sitting together. To the right of the photo is a welcome message: "Welcome to the Alzheimer's Association Education Center. The Association offers a number of Alzheimer's and dementia programs available online, 24 hours a day. Please click on a program title below for more information, or use the search folders to find the right program for you." Below this is a link: "For Alzheimer's and dementia education in Spanish, please click here." A purple box highlights a "Caregivers:" section with the text "How much do you know about managing money?" and a "Learn More" button. The bottom section is titled "Education Programs" and shows a search bar with "Found 13" results. A search box is also visible on the right side of the page. The Windows taskbar at the bottom shows the date and time as 1:47 PM on 8/27/2021.

SIGN UP FOR FREE EDUCATION

- Click on the purple tab labeled Log In/ Register
- Fill in the information
- Create and save your password. This will allow you to have continue access to your education, your completed programs, and resources



The screenshot shows the Alzheimer's Association Education Center website. The browser address bar displays 'training.alz.org'. The website header includes the Alzheimer's Association logo, navigation links (About, News, Events, Professionals, En Español, E-news), a phone number (800-453-9900), and a 'DONATE' button. A purple navigation bar contains links for 'Alzheimer's & Dementia', 'Help & Support', 'Research', 'Get Involved', and 'Local Resources'. Below this is a green bar with the 'Education Center' title and a search icon. A yellow arrow points from the top right towards the 'Log In / Register' button in the bottom right corner. The main content area features a photo of four people and a welcome message. A 'Caregivers' section promotes a free virtual program for managing money. At the bottom, there is a search bar, a list of education programs (including '10 Warning Signs of Alzheimer's'), and a taskbar with various application icons and system information (93°F, 1:47 PM, 8/27/2021).

- Once you are logged in, you will see your name in the right hand corner.
- Scroll down and you will see the programs available to you

The screenshot shows the Alzheimer's Association Education Center website. The browser tabs include "Alzheimer's Stages - Early, Middle", "Alzheimer's & Dementia Training", and "Understanding Alzheimer's and Dementia". The address bar shows "training.alz.org/home". The navigation bar includes links for "Alzheimer's & Dementia", "Help & Support", "Research", "Get Involved", and "Local Resources". A large yellow arrow points to the "Education Center" section. Below the navigation bar, there is a "Program Catalog" link. The main content area features a welcome message and a "Caregivers: How much do you know about managing money?" section with a "Learn More" button. The "Education Programs" section lists "10 Warning Signs of Alzheimer's" and "Understanding Alzheimer's and Dementia", both marked as "Free" and "ENROLL NOW". A search bar and tag filters are visible on the right side of the page.

Alzheimer's & Dementia Help & Support Research Get Involved Local Resources

Education Center

Program Catalog Clinical Education My Programs Help My Account

Cindy

Welcome to the Alzheimer's Association Education Center. The Association offers a number of Alzheimer's and dementia programs available online, 24 hours a day. Please click on a program title below for more information, or use the search folders to find the right program for you.

For Alzheimer's and dementia education in Spanish, please click [here](#).

Caregivers:
How much do you know about managing money?

Help evaluate a free virtual program by the Alzheimer's Association® about making financial decisions and planning for future care costs.

[Learn More](#)

alzheimer's association

Education Programs

Found 13

10 Warning Signs of Alzheimer's Free
Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.
[ENROLL NOW](#)

Understanding Alzheimer's and Dementia Free

Search

Search

Tag

☐ caregiving

☐ closed caption

☐ early stage

☐ first responders

12:29 PM 8/27/2021

EDUCATION PROGRAMS YOU WILL NEED TO COMPLETE

- Please view and completed the following educational programs: Each one is about an hour long
 - Understanding Alzheimer's' and dementia
 - Effective Communication Strategies
 - Understanding and Responding To Dementia-Related Behavior (this is on the 2nd tab)

CLICK ON THE PROGRAM

- Choose your program by clicking the ADD TO CART
- Follow the rest of the prompts to complete the program.

Alzheimer's & Dementia Training x +
training.alz.org
Apps Managed bookmarks

association

Education Programs

Found 13

10 Warning Signs of Alzheimer's
Recognize common warning signs of Alzheimer's and learn what symptoms to look for in yourself and others.
GENERAL INFORMATION
Free
ADD TO CART

Understanding Alzheimer's and Dementia
(formerly known as The Basics: Memory Loss, Dementia and Alzheimer's Disease)
Learn about the difference between Alzheimer's and dementia, stages, risk factors and more. Closed Captioning (CC) available.
CLOSED CAPTION GENERAL INFORMATION CAREGIVING EARLY STAGE
Free
ADD TO CART

Approaching Alzheimer's: First Responder Training
This free online course will help prepare you to respond to common calls involving a person with dementia.
FIRST RESPONDERS POLICE
Free
ADD TO CART

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning
Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.
GENERAL INFORMATION CAREGIVING EARLY STAGE
Free
ADD TO CART

Effective Communication Strategies
Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.
LATE STAGE GENERAL INFORMATION CAREGIVING EARLY STAGE MIDDLE STAGE
Free
ADD TO CART

Healthy Living for Your Brain and Body: Tips from the Latest Research
Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.
Free
ADD TO CART

COMPLETING A PROGRAM

- Once you have successfully gone through the program you will have to click on a few more boxes
- Complete the Survey.
- Once survey is completed. Click the Print Certificate. You can either print for your records or save to your computer. I will need a copy of this certificate.

The screenshot displays the 'Education Center' interface. At the top, a purple header contains the 'Education Center' title and a navigation bar with links: 'Program Catalog', 'Clinical Education', 'My Programs', 'Help', and 'My Account'. Below this, the main content area is titled 'Understanding Alzheimer's and Dementia (Complete)' with a green checkmark icon. Under the 'Presentation' section, there are three activity cards: 'Presentation' (with a video thumbnail and a large white checkmark), 'Survey' (with a clipboard icon), and 'Additional Resources' (with an information icon). Each card has a 'Complete' status and a 'Launch' button. A yellow arrow points from the 'My Programs' link in the navigation bar to the 'Survey' card. Another yellow arrow points from the 'Print Completion Certificate' button at the bottom to the 'Presentation' card. The bottom of the screen shows a Windows taskbar with various application icons and a system tray displaying the temperature as 89°F.

PRINTING YOUR CERTIFICATE

- This is what the certificate of completion looks like!
- You can save as a PDF and send me an email. My email address is Cindy.Grawe@blessinghealth.org.
- You can print and mail or drop a copy off at the office.
- You will need to fill out the hospice evaluation for each training as well.
- Please keep a copy of your completion for your own records.



PLEASE REMEMBER YOUR PASSWORD TO THE ALZHEIMER'S ASSOCIATION

We will be using their website in the future.



THANKS!

Any questions?

You can find me at

- 217-242-0696 work cell
- Cindy.grawe@blessinghealth.org
- 217-223-8400 ext 4731