



# **B** BLESSING HOSPITAL

**REHABILITATION SERVICES**  
*a report to our customers*  
2016



**REHAB NURSING**  
**SPEECH**  
**OCCUPATIONAL**  
**PHYSICAL**

**B** BLESSING  
HOSPITAL  
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Quincy, Illinois  
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[www.blessinghospital.org](http://www.blessinghospital.org) LB12/16

# Inpatient Medical Rehabilitation Unit

Blessing Hospital operates an 18-bed acute, inpatient medical rehabilitation unit in Quincy, IL. The unit is nationally accredited by CARF and the commission on accreditation of rehabilitation facilities.

The goal of the rehabilitation unit is to maximize the functional independence of the person served by restoring or compensating for physical and/or cognitive impairment in order to promote re-entry into the community.

An experienced and highly skilled interdisciplinary team of therapists and nurses collaborate with the person served to develop and carry out the treatment plan. Many staff members have specialty certifications including Certified Rehabilitation Registered Nurse® and Certified Brain Injury Specialist. This skilled team has experience working with many types of impairments resulting from spinal cord injuries, brain injuries, amputations, arthritis, stroke, fractures, multiple trauma, neuromuscular disease, and other orthopedic/neurological diagnoses.

Our rehab unit physiatrist, John DeGuzman, MD, is a specialist in Physical Medicine and Rehabilitation. The director of Rehabilitation is Karen Kerns, M.S., CCC-SLP, MBA.

As one of our “customers,” the Rehabilitation Services team wishes to present you with this report on our services and most recent outcomes as compared with regional and national averages.

## Diagnostic Categories

	<u>Blessing</u>	<u>Regional</u>	<u>National</u>
Orthopedic	44%	22%	28%
Stroke	17%	24%	24%
Spinal Cord Injury	15%	8%	7%
Neuro	5%	12%	9%
Brain Injury	9%	15%	13%
Other	10%	20%	18%

## Demographics

	<u>Blessing</u>	<u>Regional</u>	<u>National</u>
Average Age	69	68	68
Male	43%	50%	49%
Female	57%	50%	51%
Avg. Length of stay (days)	14	13	14

The rehabilitation unit accepts patients 13 years of age and older. In FY2016, one adolescent was a patient in the unit. In FY2015, one adolescent was a patient in the unit. In 2014, one adolescent was a patient in the unit.

\* Source: eRehabData for Blessing Hospital 2016. eRehabData is an outpatient rehabilitation outcomes system offered to inpatient rehabilitation providers by the American Medical Rehabilitation Providers Association. eRehabData offers comprehensive real time clinical outcomes reports and benchmarks that compare Blessing Hospital to its other users. Many of the nations top inpatient rehab facilities use eRehabData including 7 of the top 10 as identified by U.S. News & World Report magazine ([www.usnews.com/usnews/health/best-hospitals/rankings/specprepha.htm](http://www.usnews.com/usnews/health/best-hospitals/rankings/specprepha.htm)).

## Functional Change (all diagnosis)

	<u>Blessing</u>	<u>Regional</u>	<u>National</u>
Admission functional score (FIM)	60	58	58
Discharge functional score (FIM)	85	82	83
Change in functional score (FIM)	24	24	26

## Discharge Location

	<u>Blessing</u>	<u>Regional</u>	<u>National</u>
Home	75%	69%	73%
Long Term Care	17%	20%	16%
Acute Care	7%	10%	10%
Other	1%	0%	0

FY 2016, Blessing had 23 patients discharged to acute medical facilities.

FY 2016 (October 2014-September 2015), the Blessing Hospital Inpatient Rehabilitation Unit had 348 patient admissions.

\*Source: Open and closed chart review of Blessing Hospital medical records.

**For more information, please see our website at [www.BlessingHealthSystem.org](http://www.BlessingHealthSystem.org).**

## Miscellaneous Information

### Nursing:

- Average nursing hours per patient day = 7.98
- Average daily census = 13.7
- Six registered nurses are certified in rehab nursing.
- Two registered nurses are certified as brain injury specialists.
- All RNs must complete an intensive Rehab nursing course within the first year of employment.

### Therapists:

- Physical Therapy staff assigned to the Rehab Unit have an average of 29 years experience.
- Occupational Therapy staff to the Rehab Unit have an average of 15 years experience.
- Speech Language Pathologists assigned to the Rehab Unit have an average of 14 years of experience.

Three hours of therapy (OT/PT/ST) is offered at least five days per week. Therapy is also provided on Saturday, up to three hours if indicated.