



# YOUTH TRAINING PROGRAM

## NEW PROGRAM! TUESDAYS

Children of Illini Fitness members ages 11-15 are now eligible to enroll in our Youth Training Program. All eligible children will be required to complete a series of 3, 30 minute training sessions with our trainer.

- Child is required to be added to parent/legal guardian membership
- Youth Training Program Fee of \$30/child paid at time of membership registration
- Membership Registration & Training Sessions scheduled by appointment only
- Upon successful completion of the program, the child will be eligible to begin utilizing the facility WITH A PARENT/LEGAL GUARDIAN PRESENT AT ALL TIMES

**AGES: 11-15**

**COST: \$30**



**Personal Trainer**  
**Nate Brandon**



**217.285.5635**

[blessinghealth.org/illinifitness](https://blessinghealth.org/illinifitness)

