BLESSING Wellness Center



HOW TO SIGN UP FOR GROUP CLASSES ONLINE

- 1. Log on to Blessing Wellness Center Member Portal:
 - 1.1. http://www.blessinghealthsystem.org/wellnesscenter
 - 1.2. Click on "Member Portal"
- 2. Sign-in using Username and Password*
 - A temporary username and password was emailed to each member during registration.
 If you do not remember your username and password, please call the Wellness Center to have a member of the staff re-set your online services password.
- 3. To purchase a group class package, select one of the following options:
 - 3.1. Online (Credit/Debit Card): Once signed in, go to "Account Information", then click on "Buy Class Packages". Continue on to Step #4.
 - 3.2. In-Person (Cash/Check): If you do not wish to purchase group class packages online with a debit/credit card, you may come in to the



Wellness Center and pay with cash or check. Once you have purchased a package, you can then proceed with online Group Class sign-up as is instructed in Step #6.

- 4. Under "Module", click the drop-down bar and select "Group Exercise".
- From here, it doesn't matter what you select for "Class Category" and "Class" as all group class packages can be applied towards any class you choose at any time that works for your schedule. Simply make a choice for these two categories and click on "Submit".

selec	ted Criteria						
Choo	se Site:		Blessing Wellness Center				
Mode	le:		Group Exercise				
class	Category:		Cardio/Strength	Cardio/Strength			
			FleXpress Happy Hour				
Class:			Morning Melt Raising the Bar Step It Up				
					Subo		
					5001		
	Name	Pkg Qty	Sessions/Pkg	Price/Session	Pkg Price		
	Name Group X 1 pk	Pkg Qty	Sessions/Pkg	Price/Session \$10.00	Pkg Price \$10.00		
	Name Group X 1 pk Group X 5 pk	Pkg Qty	Sessions/Pkg 1 5	Price/Session \$10.00 \$8.00	Pkg Price \$10.00 \$40.00		

- 5. Once you have purchased a package of classes, go back to your Home page and click on "Group Exercise".
- To enroll in a class, click on the class within the schedule, then click on "Enroll". You will then be prompted to utilize one of the classes within your Group Class package, also known as "Series Sales".

elected Da	te: 12/05/20	016 (Monday)				List View	Calendar View	
			Week		Font : Medium			
	Sunday 12/04/2016	Monday 12/05/2016	Tuesday 12/06/2016	12/07/2016	Thursday 12/08/2016	Friday 12/09/2016	Saturday 12/10/2016	
05:45 AM		Morning Melt 05:45 AM Booking Closed	(Morning Melt 05:45 AM	Morning M 35min GroupX 3	elt Car	pacity: 2/10	
06:30 AM		IndoRow		IndoRow	Member Non Member (Payment (Se	required at class check ries Sales Only Class)	\$10.00 \$10.00	
		06:30 AM Booking Closed		06:30 AM	A mix of High Intensity Interval Training with extra colorie blasting strength exercises (like lunges, weights, push-ups and plank More			
11:45 AM		Power Flow Yoga		Power Flow Yoga	11:45 AM			